

TOILETRIES

Soap & Body Wash
Shampoo & Conditioner
Body Lotion
Toothbrushes & Toothpaste
Mouthwash (Without Alcohol)
Deodorant
Razors
Facial Tissues
Menstrual Hygiene Products (pads)

BABY ITEMS

Powder
Wipes
Formula (Powder Good Start)
Diapers (all sizes 2, 3, 4, 5, 6)
Pull-Ups (all sizes)

MEN'S CLOTHING NEEDS

Underwear (all sizes)
Socks
Long Sleeve T-Shirts
T-Shirts
Tennis Shoes (9 to 14)
Work Boots (9 to 14)
Work Pants (32" and up)
Blue Jeans (28-44)
Belts
2X-5X Clothing

OTC MEDICINE *(individual packets)*

Aspirin
Acetaminophen (Tylenol)
Anti-acids (Pepcid)
Ibuprofen (Advil)
Naproxen Sodium (Aleve)
Cough Drops
Cough & Cold Medicines (Without Alcohol)
Allergy Medicines
Peroxide/Alcohol

MISCELLANEOUS ITEMS

Bath Towels
Wash Cloths
Twin XL Bed Sheets
Q-Tips
Plastic Bottles of Water (cases)

WOMEN'S CLOTHING NEEDS

Underwear (all sizes)
Dress Pants
Blue Jeans
Tennis Shoes
Socks
T-Shirts
2X-5X Clothing



Scan this QR code or visit the link below for a quick and easy way to send much-needed items to Nashville Rescue Mission.



<https://a.co/bYZRixS>

Items highlighted in yellow are urgently needed.