

TOILETRIES

Soap & Body Wash
Shampoo & Conditioner
Body Lotion
Toothbrushes & Toothpaste
Mouthwash (Without Alcohol)
Deodorant
Razors
Facial Tissues
Feminine Hygiene Products

BABY ITEMS

Powder
Wipes
Diapers (all sizes 2, 3, 4, 5, 6)
Pull-Ups (all sizes)
Baby Formula

MEN'S CLOTHING NEEDS

Winter Caps/Beanies Gloves
Scarves
Socks
Long Sleeve T-Shirts T-Shirts
Tennis Shoes (9 to 14)
Work Boots (9 to 14)
Work Pants (32" and up)
Blue Jeans (32" and up)
Underwear
2X-5X Clothing

OTC MEDICINE *(individual packets)*

Aspirin
Acetaminophen (Tylenol)
Ibuprofen (Advil)
Naproxen Sodium (Aleve)
Cough Drops
Cough & Cold Medicines (Without Alcohol)
Allergy Medicines
Stomach Medicines (Imodium, Pepcid, Tums)

MISCELLANEOUS ITEMS

Wash Cloths/Towels
Twin XL Bed Sheets
Q-Tips
Water

WOMEN'S CLOTHING NEEDS

Winter Caps/Beanies
Gloves
Scarves
Thermals
Dress Pants
Underwear
Tennis Shoes
Socks
T-Shirts



Scan this QR code or visit the link below for a quick and easy way to send much-needed items to Nashville Rescue Mission.



<https://a.co/bYZRixS>

Items highlighted in yellow are urgently needed.