

TOILETRIES

Soap & Body Wash
Shampoo & Conditioner
Body Lotion
Toothbrushes & Toothpaste
Mouthwash (Without Alcohol)
Deodorant
Razors
Facial Tissues
Feminine Hygiene Products

BABY ITEMS

Lotion
Powder
Wipes
Formula (Powder Good Start)
Ear Thermometer
Diapers (all sizes 2, 3, 4, 5, 6)
Pull-Ups (all sizes)

MEN'S CLOTHING NEEDS

Winter Caps/ Beanies
Gloves
Scarves
Socks
Underwear
Long Sleeve T-Shirts
T-Shirts
Tennis Shoes (9 to 14)
Work Boots (9 to 14)
Shower Shoes/ Flip Flops
Work Pants (32" and up)
Blue Jeans (28-44)
Extra Large Clothing

OTC MEDICINE *(individual packets)*

Aspirin
Acetaminophen (Tylenol)
Ibuprofen (Advil)
Naproxen Sodium (Aleve)
Cough Drops
Cough & Cold Medicines (Without Alcohol)
Allergy Medicines
Stomach Medicines (Imodium, Pepcid, Tums, etc.)
Peroxide/Alcohol

MISCELLANEOUS ITEMS

Bath Towels
Hand Towels
Wash Cloths
Twin XL Bed Sheets
Cleaning Supplies
Copy Paper
Q-Tips
Large Adult Fleece Blankets

WOMEN'S CLOTHING NEEDS

Winter Caps/Beanies
Gloves
Scarves
Thermals
Dress Pants
Blue Jeans
Tennis Shoes
Casual Shoes
Socks
T-Shirts
Underwear
Blouses (L-XL)



Scan this QR code or visit the link below for a quick and easy way to send much-needed items to Nashville Rescue Mission.



<https://a.co/bYZRixS>

Items highlighted in yellow are urgently needed.