

## TOILETRIES

Soap & Body Wash  
Shampoo & Conditioner  
Body Lotion  
Toothbrushes & Toothpaste  
Mouthwash (Without Alcohol)  
Deodorant  
Razors  
Facial Tissues  
Feminine Hygiene Products

## BABY ITEMS

Lotion  
Powder  
Wipes  
Formula (Powder Good Start)  
Ear Thermometer  
Diapers (all sizes 2, 3, 4, 5, 6)  
Pull-Ups (all sizes)

## MEN'S CLOTHING NEEDS

Winter Caps/ Beanies  
Gloves  
Scarves  
Socks  
Underwear  
Long Sleeve T-Shirts  
Tennis Shoes (9 to 14)  
Work Boots (9 to 14)  
Shower Shoes/ Flip Flops  
Work Pants (32" and up)  
Blue Jeans (28-44)  
Extra Large Clothing

## OTC MEDICINE *(individual packets)*

Aspirin  
Acetaminophen (Tylenol)  
Ibuprofen (Advil)  
Naproxen Sodium (Aleve)  
Cough Drops  
Cough & Cold Medicines (Without Alcohol)  
Allergy Medicines  
Stomach Medicines (Imodium, Pepcid, Tums, etc.)  
Peroxide/Alcohol

## MISCELLANEOUS ITEMS

Bath Towels  
Hand Towels  
Wash Cloths  
Twin XL Bed Sheets  
Cleaning Supplies  
Copy Paper  
Q-Tips  
Large Adult Fleece Blankets

## WOMEN'S CLOTHING NEEDS

Winter Caps/Beanies  
Gloves  
Scarves  
Thermals  
Dress Pants  
Blue Jeans  
Tennis Shoes  
Casual Shoes  
Socks  
T-Shirts  
Underwear  
Blouses (L-XL)



Scan this QR code or visit the link below for a quick and easy way to send much-needed items to Nashville Rescue Mission.



<https://smile.amazon.com/hz/charitylist/lr/2ZGO2RVL2XVZV>

*Items highlighted in yellow are urgently needed.*