
DAILY MEALS

MEN: Breakfast - 5:30 a.m. | Lunch - 11:15 a.m. | Dinner - 5:00 p.m.

WOMEN: Breakfast - 6:30 a.m. | Lunch - 10:30 a.m. | Dinner - 4:30 p.m.

BEDS

- New guests may check in at any time. **Women:** after hours call 615-312-1574. (*Must meet with Case Manager for weekly bed ticket.*)
- Existing guests must be present for nightly roll call at 7:00 p.m. or forfeit weekly bed ticket.
- Late Workers Dorm available. (*Must meet with Case Manager.*)

SHOWERS

MEN & WOMEN: Mon–Sun: 23 hours a day (*Closed from 7:00 p.m. to 8:00 p.m.*)

CLOTHING & PERSONAL HYGIENE

MEN: Mon–Sat from 3:00 p.m. to 5:00 p.m.

WOMEN: Wed–Thurs 12:30 p.m. to 2:00 p.m.

MEDICAL & DENTAL ACCESS

Partnership with Neighborhood Health (clinic within walking distance). Services include wellness screenings, emergency psych evaluations, full-service health exams, prescription support and referral services. Free of charge to address immediate health needs for anyone experiencing homelessness. Additional access to dental practitioners who work on sliding scale.

LOCKERS

- Temporary lockers available for day services. (*Lock provided.*)
- 5-Day lockers available for new guests. (*Lock provided.*)
- Long-term lockers available for guests with current bed ticket. (*Must provide own lock.*)

CASE MANAGEMENT

MEN: Mon–Fri 8:00 a.m. to 10:00 p.m. | Sat 8:00 a.m. to 10:00 p.m. | Sun 2:00 p.m. to 10:00 p.m.

WOMEN: Mon–Fri 8:00 a.m. to 8:30 p.m.

Can assist with finding temporary employment; getting documentation (social security card, birth certificate, driver's license); helping apply for SSI, disability, or VA benefits; offering referrals to mental health providers; providing transportation support; or applying for housing.

RECOVERY PROGRAMS

Pathways to Work Program

90-day residential diversion program helps individuals in crisis due to an economic setback.

Life Recovery Program

7 - 24 month individualized residential treatment program for people whose life has become unmanageable (addiction, mental instability, housing crisis, destructive patterns of behavior, or other life-altering challenges).

MAIN CAMPUS

639 Lafayette Street, Nashville, TN 37203 | 615-255-2475

nashvillerescuemission.org